# Know Stroke See the Signs. Act F.A.S.T.

# **Every second counts**

Stroke is a medical emergency. About 80% are ischemic strokes, which disrupts blood to the brain. The rest are hemorrhagic strokes, caused by bleeding in or around the brain. The longer blood flow is cut off, the greater the damage. That's why recognizing the signs and calling 911 the moment you notice them is so crucial.



Getting to a hospital quickly saves lives and increases the chances for successful recovery.



National Institute of Neurological Disorders and Stroke

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Stroke, a leading cause of disability and death, can take away your ability to talk, walk, and think clearly. And stroke can happen to anyone-even if you're young.

# More sudden stroke symptoms

#### **Numbness**

or weakness of face, arm, or leg, especially on one side of the body

## Confusion

trouble speaking, or trouble understanding

**Trouble Seeing** 

in one or both eyes

## **Trouble Walking**

dizziness, or loss of balance or coordination

## Severe Headache

with no known cause





stroke.nih.gov