

Know Stroke

Recovery Through Rehabilitation

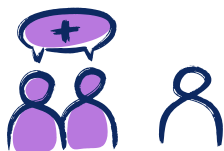
Disrupt the damage stroke causes.

The amount of disability that occurs after a stroke depends on the size of the brain injury and the specific brain circuits that are damaged.

Rehabilitation therapy can help people relearn skills affected by the stroke and overcome losses in ability. This can include helping people learn to walk again, improve their language processing, and think more clearly. Rehab therapy can help people who have had a stroke:

- Relearn skills that are suddenly lost when part of the brain is damaged.
- Prevent new medical problems from developing.
- Learn new ways to compensate for any remaining disabilities.

Stroke Facts:



Approximately 2/3

of people who have a stroke survive, and all of them require some level of rehabilitation.



At least 1/4

of people who have a stroke have difficulty talking or understanding language.

Rehabilitation professionals

Physicians

Rehabilitation nurses

Physical therapists

Occupational therapists

Therapeutic recreation specialists

Speech-language pathologists

Vocational therapists

Social workers

Psychologists

Therapy often starts within 48 hours

Rehabilitation therapy usually first takes place in the hospital within 48 hours of the stroke. Early movement exercises can help overcome any paralysis or weakness. Regaining the ability to carry out basic activities of daily living is the first stage in the return to independence.



National Institute of
Neurological Disorders
and Stroke

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